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INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2020/29

Date: 13th October, 2020

CIRCULAR

This is to inform that there is a Rural Dental Camp at Dhamnay on 14/10/2020. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Rahul Ganavadiya, Dr. Ranjan Mani Tripathi, Dr. Nitin Das

Interns/Students: Simran Chouhan, Vaibhavi Shende, Vaishnavi Kadam, Vipul Piplad, Amir Khan, Ankur, Archana Chandran, Arshadul Hoque

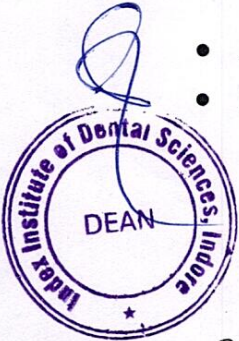
MRD: Mr. Rajendra Thakur

Dean

Index Institute of Dental Sciences, Indore

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Prepared by: Dr. Poonam Tomar Rana

Registrar
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Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 14th October, 2020

Index Institute of Dental Sciences

Report of the Rural Dental Camp - Dhamnay

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Dhamnay on 14th October, 2020. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Rahul Ganavadiya, Dr. Ranjan Mani Tripathi, Dr. Nitin Das, Interns/Students- Simran Chouhan, Vaibhavi Shende, Vaishnavi Kadam, Vipul Piplad, Amir Khan, Ankur, Archana Chandran, Arshadul Hoque actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:10 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:05 am.

If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restotation of the decayed teeth.

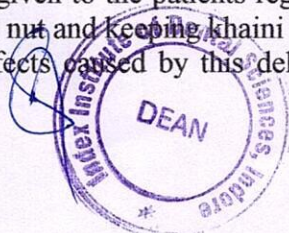
MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 146 patients were screened and 53 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 53 patients out of 146 screened patients required dental treatment. Out of 53 treated patients, 28 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 13 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 6 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 12 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by these deleterious habits like attrition of teeth,

Dr. Ranjan Mani Tripathi



Registrar
Malwanchal University
Indore (M.P.)

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

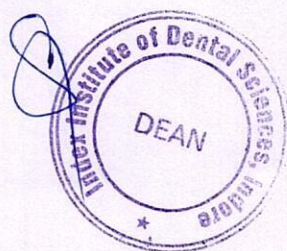
Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 146 screened patients 36 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:15 pm.



Dr. Ranjan Mani Tripathi
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Indore (M.P.)

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scalings	Referred patients
146	53	12	13	28	36



Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

Date: 14th October, 2020

Index Institute of Dental Sciences

Participant List of the Rural Dental Camp - Dhamnay

S. No.	Name of Participant
1.	Simran Chouhan
2.	Vaibhavi Shende
3.	Vaishanavi Kadam
4.	Vipul Piplad
5.	Amir Khan
6.	Ankur
7.	Archana Chandran
8.	Arshadul Hoque

Camp Coordinator



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Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2020/30

Date: 22nd October, 2020

CIRCULAR

This is to inform that there is a Rural Dental Screening Camp at Jamnya Khurd on 23/10/2020. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana

Interns/Student: Ankur, Archana Chandran, Arshadul Hoque, Arun Rajput, Bhumika Jain, C. Lalrinnunga, Chanchal Bohra

MRD: Mr. Rajendra Thakur

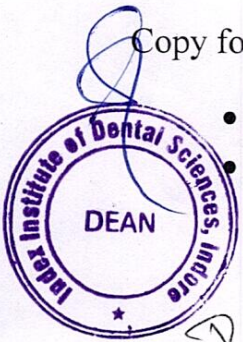


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Date: 23rd October, 2020

Index Institute of Dental Sciences

Report of the Rural Dental Screening Camp - Jamnya Khurd

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at Jamnya Khurd on 23rd October, 2020. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana, Interns/Students-Ankur, Archana Chandran, Arshadul Hoque, Arun Rajput, Bhumika Jain, C. Lalrinnunga, Chanchal Bohra and MRD- Mr. Rajendra Thakur actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Suresh ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:05 am and reached the above mentioned venue at 10:00 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Rajendra Thakur for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 10:05 am.

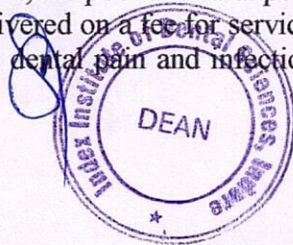
A total of 94 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee-for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with



[Signature]
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Dr. Ranjan
Mani Tripathi

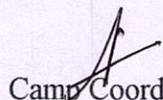
this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

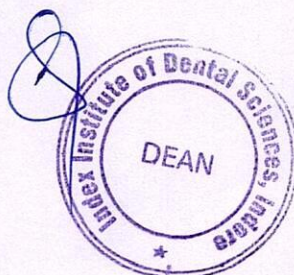
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.


Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 94 screened patients 59 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 1:20 pm.

Number of patients screened and required various treatment

Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
94	59	15	20	19	05


Camp Coordinator




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Malwanchal University
Indore (M P.)

Date: 23rd October, 2020

Index Institute of Dental Sciences

Participant List of the Rural Dental Screening Camp - Jamnya Khurd

S. No.	Name of Participant
1.	Ankur
2.	Archana Chandran
3.	Arshadul Hoque
4.	Arun Rajput
5.	Bhumika Jain
6.	C. Lalrinnunga
7.	Chanchal Bohra

Camp Coordinator



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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2020/33

Date: 20th November, 2020

CIRCULAR

This is to inform that there is a Rural Dental Camp at Sannod on 21/11/2020. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya

Interns/Students: Simran Chouhan, Vaibhavi Shende, Vaishanavi Kadam, Vipul Piplad, Amir Khan, Ankur, Archana Chandran, Arshadul Hoque

MRD: Mr. Rajendra Thakur



Dean

Index Institute of Dental Sciences, Indore

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City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 21st November, 2020

Index Institute of Dental Sciences

Report of the Rural Dental Camp - Sannod

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Sannod on 21st November, 2020. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr Rahul Ganavadiya, Interns/Students: Simran Chouhan, Vaibhavi Shende, Vaishnavi Kadam, Vipul Piplad, Amir Khan, Ankur, Archana Chandran, Arshadul Hoque and MRD- Mr Rajendra Thakur actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:15 am and reached the above mentioned venue at 10:00 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Rajendra Thakur for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 10:10 am.

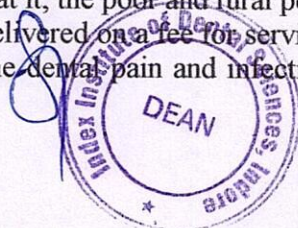
A total of 161 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with



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Indore (M.P.)

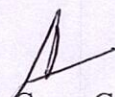
this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 161 screened patients 82 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 2:05 pm.

Number of patients screened and required various treatment

Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
161	82	20	13	41	8


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 21st November, 2020

Index Institute of Dental Sciences

Participant List of the Rural Dental Camp - Sannod

S. No.	Name of Participant
1.	Simran Chouhan
2.	Vaibhavi Shende
3.	Vaishanavi Kadam
4.	Vipul Piplad
5.	Amir Khan
6.	Ankur
7.	Archana Chandran
8.	Arshadul Hoque

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2020/34

Date: 27th November, 2020

CIRCULAR

This is to inform that there is a Rural Dental Camp at Ambamoliya on 28/11/2020. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Nitin Das

Interns/Students: Ankur, Archana Chandran, Arshadul Hoque, Arun Rajput, Bhumika Jain, C. Lalrinnunga, Chanchal Bohra

MRD: Mr. Rajendra Thakur

Dean

Index Institute of Dental Sciences, Indore

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City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 28th November, 2020

Index Institute of Dental Sciences

Report of the Rural Dental Camp - Ambamoliya

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Ambamoliya on 28th November, 2020. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Rahul Ganavadiya, Dr. Nitin Das, Interns/Students: Ankur, Archana Chandran, Arshadul Hoque, Arun Rajput, Bhumika Jain, C. Lalrinnunga, Chanchal Bohra and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:10 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:05 am.

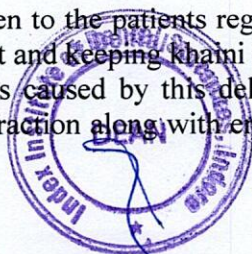
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 141 patients were screened and 45 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

Dr. Ranjan Mani Tripathi A total of 45 patients out of 141 screened patients required dental treatment. Out of 45 treated patients, 23 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 9 patients required extraction of their teeth. Where a sum of 4 patients underwent extraction due to loosening of their teeth, 4 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 13 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation



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of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

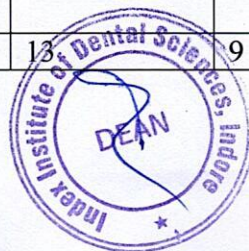
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 141 screened patients 42 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:05 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
141	45	13	9	23	42



[Signature]
 Registrar
 Malwanchal University
 Indore (M.P.)

*Dr. Ranjan Mani
 Impathi*



Oral Screening and Dental Treatment


Camp Coordinator





Registrar
Malwanchal University
Indore (M.P.)

Date: 28th November, 2020

Index Institute of Dental Sciences

Participant List of the Rural Dental Camp - Ambamoliya

S. No.	Name of Participant
1.	Ankur
2.	Archana Chandran
3.	Arshadul Hoque
4.	Arun Rajput
5.	Bhumika Jain
6.	C. Lalrinnunga
7.	Chanchal Bohra

Camp Coordinator 




Registrar
Malwanchal University
Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2020/38

Date: 11th December, 2020

CIRCULAR

This is to inform that there is a Rural Dental Screening Camp at Dungariya on 12/12/2020. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana

Interns/Students: Guffran Luckhnavi, Gurijala Ram Swaroop Reddy, Keshrani Dewda, Mohd. Husain Khan, Kros Hnehnahlui, M. Manish, Aditya Maid, P. C. Lalthanmawia

MRD: Mr. Rajendra Thakur

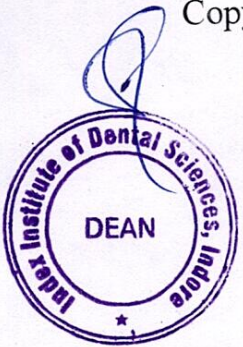


Dean

Index Institute of Dental Sciences, Indore

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Anshuman Swami
Prepared by: Dr. Anshuman Swami

10/10/20

Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 12th December, 2020

Index Institute of Dental Sciences

Report of the Rural Dental Screening Camp - Dungariya

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at Dungariya on 12th December, 2020. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana, Interns/Students- Guffran Luckhnavi, Gurijala Ram Swaroop Reddy, Keshrani Dewda, Mohd. Husain Khan, Kros Hnehnhahlui, M. Manish, Aditya Maid, P. C. Lalthanmawia and MRD- Mr. Rajendra Thakur actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:05 am and reached the above mentioned venue at 09:35 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 09:45 am.

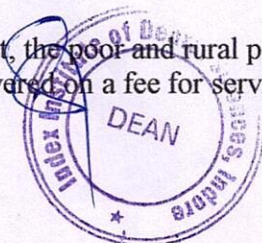
A total of 114 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many



Dr. Ranjan Mani Tripathi
Registrar
Malwanchal University
Indore (M.P.)


people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.


Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 114 screened patients 79 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 2:15 pm.

Number of patients screened and required various treatment

Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
114	79	24	29	20	6


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 12th December, 2020

Index Institute of Dental Sciences

Participant List of the Rural Dental Screening Camp - Dungariya

S. No.	Name of Participant
1.	Guffran Luckhnavi
2.	Gurijala Ram Swaroop Reddy
3.	Keshrani Dewda
4.	Mohd. Husain Khan
5.	Kros Hnehnlui
6.	M. Manish
7.	Aditya Maid
8.	P. C. Lalthanmawia

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2020/40

Date: 21st December, 2020

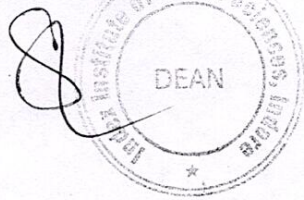
CIRCULAR

This is to inform that there is a Rural Dental Camp at Tillor Khurd on 22/12/2020. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi. Dr. Poonam Tomar Rana

Interns/Students: Rapden Tshering Lepcha, Rebek Vanrammawii, Rishabh Raj Udaniya, Ronald Joseph, Sapna Dhakad, Umesh Shaikh, Sumit Dhakad, Urooshi Sheikh.

MRD: Mr. Rajendra Thakur

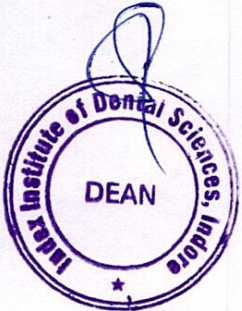


Dean

Index Institute of Dental Sciences, Indore

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- All concerned authorities
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Registrar
Malwanchal University
Indore (M.P.)

Prepared by: Dr. Ranjan Mani Tripathi

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 22nd December, 2020

Index Institute of Dental Sciences

Report of the Rural Dental Camp – Tillor Khurd

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Tillor Khurd on 22nd December, 2020. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana Interns/Students- Rapden Tshering Lepcha, Rebek Vanrammawii, Rishabh Raj Udaniya, Ronald Joseph, Sapna Dhakad, Umesh Shaikh, Sumit Dhakad, Urooshi Sheikh and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Suresh ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:40 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:00 am.

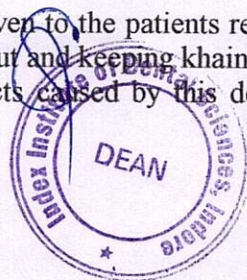
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restotation of the decayed teeth.

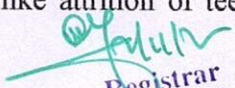
MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 79 patients were screened and 39 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 39 patients out of 79 screened patients required dental treatment. Out of 39 treated patients, 16 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 11 patients required extraction of their teeth. Where a sum of 3 patients underwent extraction due to loosening of their teeth, 4 patients underwent extraction due to grossly decayed teeth which can't be restored and 4 patient underwent extraction due to retained root stumps in the oral cavity. Total 12 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,




Registrar
Malwanchal University
Indore (M.P.)

Dr. Ranjan Mani Tripathi

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating “ A healthy mouth can be a great asset.” Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

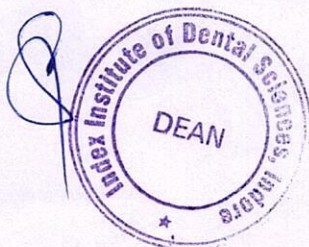
Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment.

Out of 79 screened patients 24 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 1:30 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
79	39	12	11	16	24

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)

Dr Ranjan Man Tripathi

Date: 22nd December, 2020

Index Institute of Dental Sciences

Participant List of the Rural Dental Camp - Tillor Khurd

S. No.	Name of Participant
1.	Rapden Tshering Lepcha
2.	Rebek Vanrammawii
3.	Rishabh Raj Udaniya
4.	Ronald Joseph
5.	Sapna Dhakad
6.	Umesh Shaikh
7.	Sumit Dhakad
8.	Urooshi Sheikh

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

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Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2021/02

Date: 07th January, 2021

CIRCULAR

This is to inform that there is a Raising Oral Health Status – Dental Camp at Killod on 08/01/2021. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana

Interns/Students: Simran Chouhan, Vaibhavi Shende, Vaishanavi Kadam, Vipul Piplad, Amir Khan, Ankur, Archana Chandran, Arshad ul Hoque

MRD: Mr. Rajendra Thakur

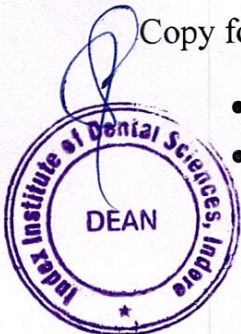


Dean

Index Institute of Dental Sciences, Indore

Copy for information to:

- All concerned authorities
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Handwritten signature of the Registrar in green ink.

Registrar
Malwanchal University
Indore (M.P.)

Prepared by: Dr. Ranjan Mani Tripathi

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 08th January, 2021

Index Institute of Dental Sciences

Report of the Raising Oral Health Status – Dental Camp at Killod

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Killod on 08th January, 2021. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana, Interns/Students-Simran Chouhan, Vaibhavi Shende, Vaishnavi Kadam, Vipul Piplad, Amir Khan, Ankur, Archana Chandran, Arshad ul Hoque and MRD- Mr. Anil Chouhan actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Suresh ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:10 am and reached the above mentioned venue at 09:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rjendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:05 am.

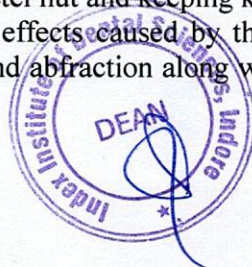
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restotation of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 131 patients were screened and 53 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 53 patients out of 131 screened patients required dental treatment. Out of 53 treated patients, 28 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 13 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 6 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 12 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation




Registrar
Malwanchal University
Indore (M.P.)

of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 146 screened patients 36 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:15 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scalings	Referred patients
131	53	12	13	28	36



Registrar
Malwanchal University
Indore (M.P.)

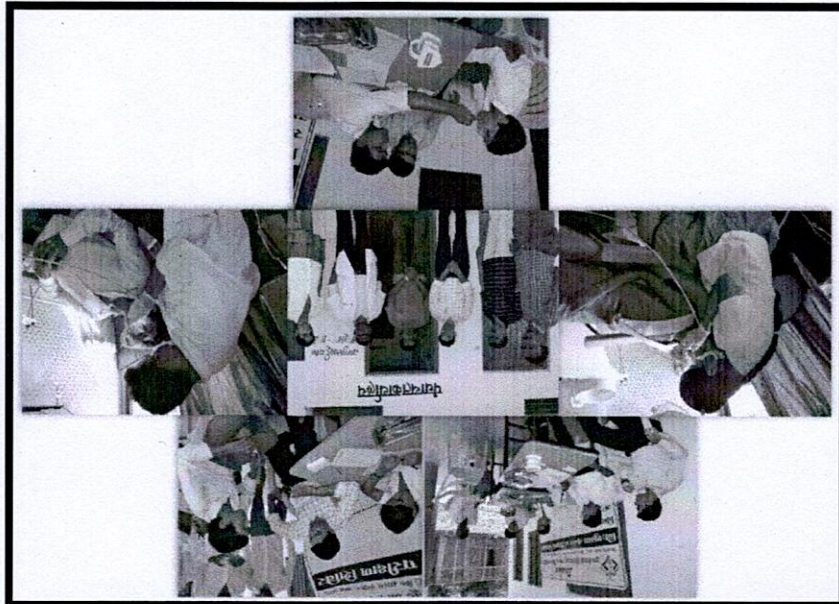
Dr. Ranjan Mani
Tulpasthi

Registrar
Malwanchal University
Indore (M.P.)



Camp Coordinator

Oral Screening and Dental Treatment

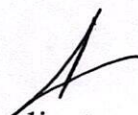


Date: 08th January, 2021


Index Institute of Dental Sciences

Participant List of the Raising Oral Health Status – Dental Camp , Killod

S. No.	Name of Participant
1.	Simran Chouhan
2.	Vaibhavi Shende
3.	Vaishanavi Kadam
4.	Vipul Piplad
5.	Amir Khan
6.	Ankur
7.	Archana Chandran
8.	Arshad ul Hoque


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India
& Ministry of Health & Family Welfare, New Delhi)
Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2021/09

Date: 12th Febuary, 2021

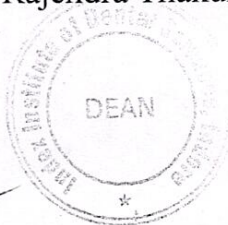
CIRCULAR

This is to inform that there is a Raising Oral Health Status – Dental Screening Camp at Chainpura on 13/02/2021. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana

Interns/Students: Alok Singh, Arzoo Parihar, Ashi Tomar, Ayush Nigam, Devanshi Shivhare, Garima Poddar, Hansha Chouhan, Mohd. Mobin Mansuri

MRD: Mr. Rajendra Thakur

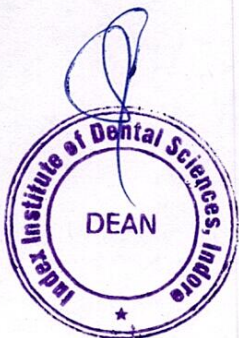


Dean

Index Institute of Dental Sciences, Indore

Copy for information to:

- All concerned authorities
- File



Prepared by: Dr. Anshuman Swami

Registrar
Malwanchal University
Indore (M.P.)

Date: 13th February, 2021

Index Institute of Dental Sciences

Report of the Raising Oral Health Status – Dental Screening Camp at Chainpura

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Chainpura on 10th June, 2019. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Dr. Poonam Tomar Rana, Interns/Students: Alok Singh, Arzoo Parihar, Ashi Tomar, Ayush Nigam, Devanshi Shivhare, Garima Poddar, Hansha Chouhan, Mohd. Mobin Mansuri and MRD- Mr. Rajendra Thakur actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:05 am and reached the above mentioned venue at 9:50 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 10:00 am.

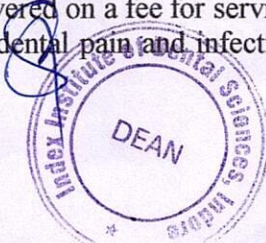
A total of 159 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating “A healthy mouth can be a great asset.” Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with



Dr. Ranjan Mani Tripathi
Registrar
Malwanchal University
Indore (M.P.)

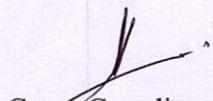
this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

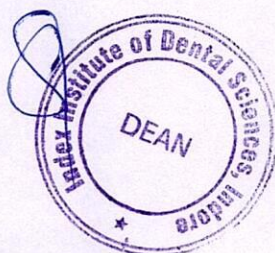
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.


Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 159 screened patients 68 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 2:15 pm.

Number of patients screened and required various treatment

Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
159	68	18	11	35	4


Camp Coordinator




Registrar
Makwanchal University
Indore (M.P.)

Date: 13th Febuary, 2021

Index Institute of Dental Sciences

**Participant List of the Raising Oral Health Status – Dental Screening
Camp, Chainpura**

S. No.	Name of Participant
1.	Alok Singh
2.	Arzoo Parihar
3.	Ashi Tomar
4.	Ayush Nigam
5.	Devanshi Shivhare
6.	Garima Poddar
7.	Hansha Chouhan
8.	Mohd. Mobin Mansuri

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2021/18

Date: 24th March, 2021

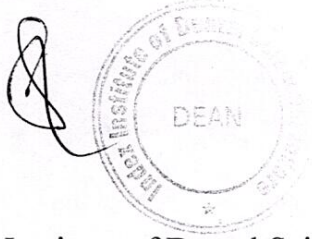
CIRCULAR

This is to inform that there is a Raising Oral Health Status – Dental Camp at Vyas Khedi on 25/03/2021. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi

Interns/Students: Guffran Luckhnavi, Gurijala Reddy, Keshrani Dewda, Mohd. Husain Khan, Kros Hnehnahlui, M. Manish, P. C. Lalthanmawia

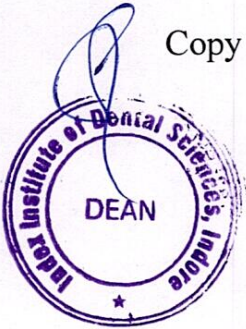
MRD: Mr. Rajendra Thakur



Dean
Index Institute of Dental Sciences, Indore

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- File



Prepared by: Dr. Anshuman Swami

10/10/22

Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 25th March, 2021

Index Institute of Dental Sciences

Report of the Raising Oral Health Status – Dental Camp at Vyas Khedi

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Vyas Khedi on 25th March, 2021. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Interns/Students: Guffran Luckhnavi, Gurijala Reddy, Keshrani Dewda, Mohd. Husain Khan, Kros Hnehnhlui, M. Manish, P. C. Lalthanmawia and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:15 am and reached the above mentioned venue at 10.00 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:10 am.

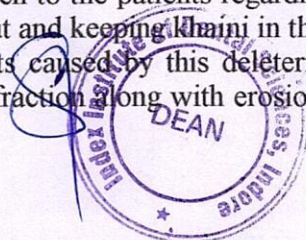
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restoration of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 155 patients were screened and 51 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 51 patients out of 155 screened patients required dental treatment. Out of 51 treated patients, 28 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 12 patients required extraction of their teeth. Where a sum of 4 patients underwent extraction due to loosening of their teeth, 6 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 11 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation



Registrar
Malwanchal University
Indore (M.P.)

Dr. Ranjan Mani Tripathi

of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

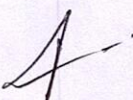
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.


Out of 155 screened patients 39 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:05 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
155	51	11	12	28	39


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 25th March, 2021


Index Institute of Dental Sciences

**Participant List of the Raising Oral Health Status – Dental Camp, Vyas
Khedi**

S. No.	Name of Participant
1.	Guffran Luckhnavi
2.	Gurijala Reddy
3.	Keshrani Dewda
4.	Mohd. Husain Khan
5.	Kros Hnehnahlui
6.	M. Manish
7.	P. C. Lalthanmawia


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2021/19

Date: 25th March, 2021

CIRCULAR

This is to inform that there is a Raising Oral Health Status – Dental Camp at Jamnya Khurd on 26/03/2021. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

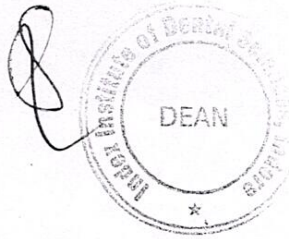
Faculty: Dr. Pranav Parasar, Dr. Ranjan Mani Tripathi

Interns/Students: Rapden Tshering Lepcha, Rebek Vanrammawii, Rishabh Raj Udaniya, Ronald Joseph, Sapna Dhakad, Umes Shaikh, Sumit Dhakad, Urooshi Sheikh

MRD: Mr. Rajendra Thakur

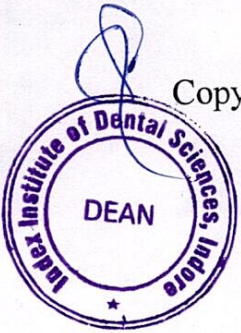
Dean

Index Institute of Dental Sciences, Indore



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Prepared by: Dr. Anshuman Swami

Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 26th March, 2021

Index Institute of Dental Sciences

Report of the Raising Oral Health Status – Dental Camp at Jamnya Khurd

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Jamnya Khurd on 26th March, 2021. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Pranav Parasar, Dr. Ranjan Mani Tripathi, Interns/Students: Rapden Tshering Lepcha, Rebek Vanrammawii, Rishabh Raj Udaniya, Ronald Joseph, Sapna Dhakad, Umes Shaikh, Sumit Dhakad, Urooshi Sheikh and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Anandi ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:00 am and reached the above mentioned venue at 09:45 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Anil Chouhan for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 9.55 am.

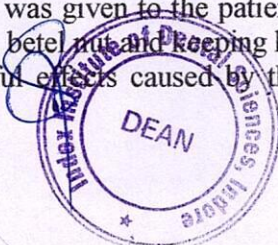
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restotation of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

A total of 139 patients were screened and 48 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 48 patients out of 139 screened patients required dental treatment. Out of 48 treated patients, 26 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 10 patients required extraction of their teeth. Where a sum of 4 patients underwent extraction due to loosening of their teeth, 4 patients underwent extraction due to grossly decayed teeth which can't be restored and 2 patient underwent extraction due to retained root stumps in the oral cavity. Total 12 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth,



Registrar
Malwanchal University
Indore (M.P.)

Dr. Ranjan Mani Tripathi

recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.


Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

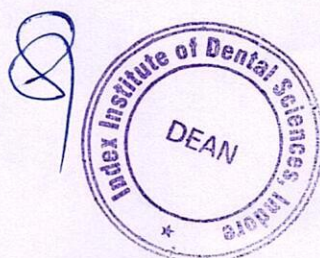
Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

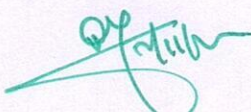
Out of 139 screened patients 40 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:00 pm.

Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scaling	Referred patients
139	48	12	10	26	40


Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 26th March, 2021

Index Institute of Dental Sciences

**Participant List of the Raising Oral Health Status – Dental Camp, Jamnya
Khurd**

S. No.	Name of Participant
1.	Rapden Tshering Lepcha
2.	Rebek Vanrammawii
3.	Rishabh Raj Udaniya
4.	Ronald Joseph
5.	Sapna Dhakad
6.	Umes Shaikh
7.	Sumit Dhakad
8.	Urooshi Sheikh

Camp Coordinator



Registrar
Malwanchal University
Indore (M.P.)



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India

& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2021/20

Date: 02nd April, 2021


CIRCULAR

This is to inform that there is a Raising Oral Health Status – Dental Screening Camp at Tigariya goga on 05/04/2021. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi

Interns/Students: Vaibhavi Shinde, Mobin Mansuri, Nilakshi Trivedi, Neelam Rathod, Simran Chouhan, Amir Khan, Vipul Piplda, Ankur , Arun Rajput

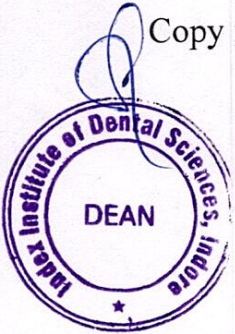
MRD: Mr. Rajendra Thakur


Dean
Index Institute of Dental Sciences, Indore




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- File



Prepared by: Dr. Ranjan Mani Tripathi


Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

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City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 05th April, 2021

Index Institute of Dental Sciences

Report of the Raising Oral Health Status – Dental Screening Camp at Tigariya Goga

A free dental check up camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Tigariya Goga on 05th April, 2021. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Interns/Students- Vaibhavi Shinde, Mobin Mansuri, Nilakshi Trivedi, Neelam Rathod, Simran Chouhan, Amir Khan, Vipul Piplda, Ankur , Arun Rajput and MRD- Mr. Rajendra Thakur actively participated. College bus was used for transporting team to the dental camp location. The driver Mr. Suresh ensured we arrived safely and kept an eye out for photogenic rest stops. The team left Dental College premises at 09:05 am and reached the above mentioned venue at 09:45 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration area, which was managed by two intern dentists. After registration patients were sent to the screening area where two intern dentist along with senior dentist Dr. Ranjan Mani Tripathi, who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental camp. Screening of the patients at the camp site started at 10:00 am.

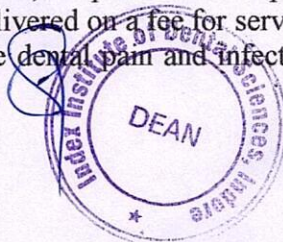
A total of 110 patients were screened in the camp. On oral examination poor oral hygiene, improper brushing habits, bad breath, bleeding gums, inflamed gums, teeth with mobility, presence of dental plaque and dental calculus, dental caries, generalised attrition, gingival recession, furcation involvement, malaligned teeth, missing teeth, grossly decayed teeth, teeth with pit and fissure caries, children with rampant caries in their milk teeth and improper cleaning of the tongue were observed.

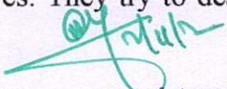
Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk delivered by interns to the villagers stating “A healthy mouth can be a great asset.” Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day to day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with




Registrar
Malwanchal University
Indore (M.P.)

Dr. Ranjan Mani Tripathi

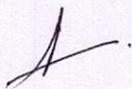
this by using natural (ayurvedic) medicines, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", ie untrained people providing "dental care" is almost as serious a problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste two times daily and also to clean tongue by the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively. Patients who required extensive treatment like extraction of teeth, root canal treatment, gingival flap surgery, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, dental implant treatment and pulpectomy were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. Out of 110 screened patients 59 patients were referred for the above mentioned extensive treatment at Index Institute of Dental Sciences, Indore. Team returned to the college premises at 1:30 pm.

Number of patients screened and required various treatment

Total patients screened	Total patient requiring treatment	Requiring filling	Requiring extraction	Requiring scaling	Requiring any other treatment
110	59	19	14	17	09



Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)

Date: 05th April, 2021


Index Institute of Dental Sciences

**Participant List of the Raising Oral Health Status – Dental Screening
Camp, Tigariya goga**

S. No.	Name of Participant
1.	Vaibhavi Shinde
2.	Mobin Mansuri
3.	Nilakshi Trivedi
4.	Neelam Rathod
5.	Simran Chouhan
6.	Amir Khan
7.	Vipul Piplda
8.	Ankur
9.	Arun Rajput

Camp Coordinator




Registrar
Malwanchal University
Indore (M.P.)



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INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India
& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref. No.: IIDS/Misc.Camp/2021/21

Date: 10th April, 2021

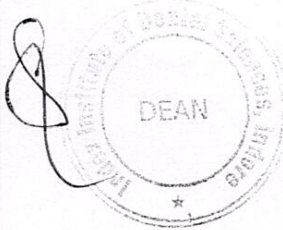
CIRCULAR

This is to inform that there is a Raising Oral Health Status – Dental Camp at Patadi on 16/04/2021. The following faculty members, interns/students and MRD are posted for the same. The camp vehicle will leave for the venue at 9:00 am sharp.

Faculty: Dr. Ranjan Mani Tripathi

Interns/Students: Garima Poddar, Devanshi Shivhare, Nilakshi Trivedi, Neelam Rathod, Simran Chouhan, Amir Khan, Sakshi Patil, Shivani Rawat, Vipul Pilda

MRD: Mr. Rajendra Thakur

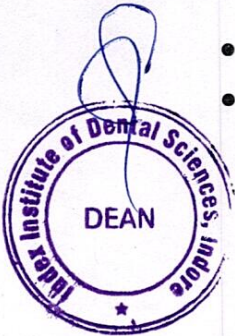


Dean

Index Institute of Dental Sciences, Indore

Copy for information to:

- All concerned authorities
- File



Prepared by: Dr. Ranjan Mani Tripathi

Registrar
Malwanchal University
Indore (M.P.)

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, **Website** : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008

Date: 16th April, 2021

Index Institute of Dental Sciences

Report of the Raising Oral Health Status – Dental Camp at Patadi

A free dental treatment camp was organized by the Department of Public Health Dentistry of Index Institute of Dental Sciences, Indore, Madhya Pradesh at village Patadi on 16th April, 2021. A team from Department of Public Health Dentistry, Index Institute of Dental Sciences, Indore comprising of Dr. Ranjan Mani Tripathi, Interns/Students- Garima Poddar, Devanshi Shihhare, Nilakshi Trivedi, Neelam Rathod, Simran Chouhan, Amir Khan, Sakshi Patil, Shivani Rawat, Vipul Pilda and MRD- Mr. Rajendra Thakur actively participated in the camp. College bus was used for transporting team to the dental camp location. The driver Mr. Suresh ensured team arrived safely and kept an eye out for photogenic rest stops. The team left dental college premises at 09:05 am and reached the above mentioned venue at 09:40 am.

At camp site patients were coordinated by local volunteers and support staff (MRD and Interns) to attend the registration/ screening area, which was managed by two intern dentists who recorded the relevant patient information and noted dental treatment they might need. Tables, chairs, appropriate armamentarium and other necessary arrangements were set by the MRD- Mr. Rajendra Thakur for the smooth functioning of the dental treatment camp. Screening and treatment of the patients at the camp site started at 10:00 am.

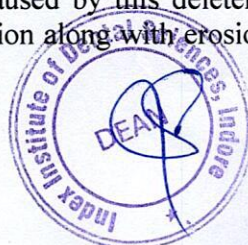
If the patient agreed to the proposed dental treatment they moved to the dental treatment van for necessary dental care. Verbal consent was obtained from adults for their dental care. If a child under the age of 18 years required a tooth extraction then consent was obtained from their parent or guardian. Dental treatment van was well equipped with a dental chair and necessary armamentarium required for the primary dental health care treatment like extraction of mobile teeth, scaling, restotation of the decayed teeth.

MRD- Mr. Rajendra Thakur managed the flow of dental instruments and supplies. MRD- Mr. Rajendra Thakur also worked diligently on cleaning and sterilising the used dental instruments and helped to ensure the dental teams had everything they required.

Dr. Ranjan Mani Tripathi
A total of 110 patients were screened and 43 patients were treated for various findings in the camp. Among the screened patients at the camp site, majorly were the patients with the habit of chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. On oral examination patients with poor oral hygiene, improper brushing habits, presence of dental plaque and dental calculus, bad breath, bleeding gums, teeth with mobility, tooth decay and improper cleaning of the tongue were observed.

A total of 43 patients out of 110 screened patients required dental treatment. Out of 43 treated patients, 24 patients were treated for removal of dental plaque and dental calculus for which oral prophylaxis treatment was done. Total 11 patients required extraction of their teeth. Where a sum of 5 patients underwent extraction due to loosening of their teeth, 3 patients underwent extraction due to grossly decayed teeth which can't be restored and 1 patient underwent extraction due to retained root stumps in the oral cavity. Total 08 patients required restoration of their decayed teeth. All the treatments were provided free of cost by Index Institute of Dental Sciences, Indore (M.P.).

Oral health education was given to the patients regarding inhibition of deleterious habits like chewing tobacco, guthka, betel nut and keeping khaini in the cheek/lip mucosa. Patients were made aware about the harmful effects caused by this deleterious habits like attrition of teeth, recession of gingiva, abrasion and abfraction along with erosion of teeth, halitosis, accumulation



04
Registrar
Malwanchal University
Indore (M.P.)

of plaque and calculus on the teeth surfaces, caries, reduced mouth opening and carcinoma of the oral cavity. Demonstration of proper brushing technique with the help of brush and brushing model and to maintain good oral hygiene practices was given to the patients.

Oral health talk was delivered by interns to the villagers stating "A healthy mouth can be a great asset." Our teeth have such an important role to play in our lives. They help us chew and digest food, they help us talk and speak clearly and they also give our face its shape. A smile also has other day-to-day benefits. It can give us greater confidence, as well as influence our social lives, careers and relationships. Because of this, it only makes sense to give our oral health the best care possible.

Oral hygiene instructions were given to the patients for the cleanliness of teeth by advising them to brush with toothpaste twice daily and also to clean tongue with the help of the tongue scraper. These instructions were given and demonstrated by the faculty and interns respectively.

Whichever way we look at it, the poor and rural people are the ones who are not receiving dental care, which is generally delivered on a fee for service basis by private dental clinics. Many people suffer episodes of extreme dental pain and infection in their lives. They try to deal with this by using home remedies, and/or repeated doses of antibiotics and analgesics if available. However these do not solve the problem as the affected tooth or teeth must receive professional treatment. The reliance on dental "quacks", i.e. untrained people providing "dental care" is a serious problem, as the result of "treatment" by these people could actually worsen any dental problems due to a lack of dental knowledge.

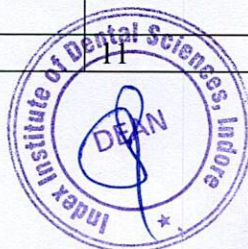
Dental decay is "rampant" in many children, especially in the primary ("milk") teeth. The introduction of the Silver Fluoride technique will help to manage the decay in kids, as it avoids the conventional approach of using a drill to prepare a tooth for a filling. This "atraumatic" approach has been used for decades in high risk communities with great success, and keeps the kids happy during dental treatment.

Those people not receiving treatment generally had good oral health, but most required and received oral hygiene advice which was not recorded in these camps but will be noted in future camps. There were some cases where the treatment required was beyond the capacity of the dental camp, for example, people requesting root canal treatments, people requiring gingival flap surgery, orthodontic cases, complete denture fabrication, partial denture fabrication, fixed partial denture fabrication, extraction of impacted 3rd molars, pulpectomy/pulpotomy for children, and pathology referrals were referred to the Index Institute of Dental Sciences, Indore for the needful treatment. There were also treatment refusals - crying children, and some adults who refused extraction of teeth which were beyond saving.

Out of 110 screened patients 22 patients were referred for the treatment which was not possible at the camp site to Index Institute of Dental Sciences, Indore. After a somewhat shaky start, the dental camp progressed to becoming well run event. Techniques such as cleaning and sterilising instruments were brought up to safe and acceptable standards. Team returned to the college premises at 2:05 pm.

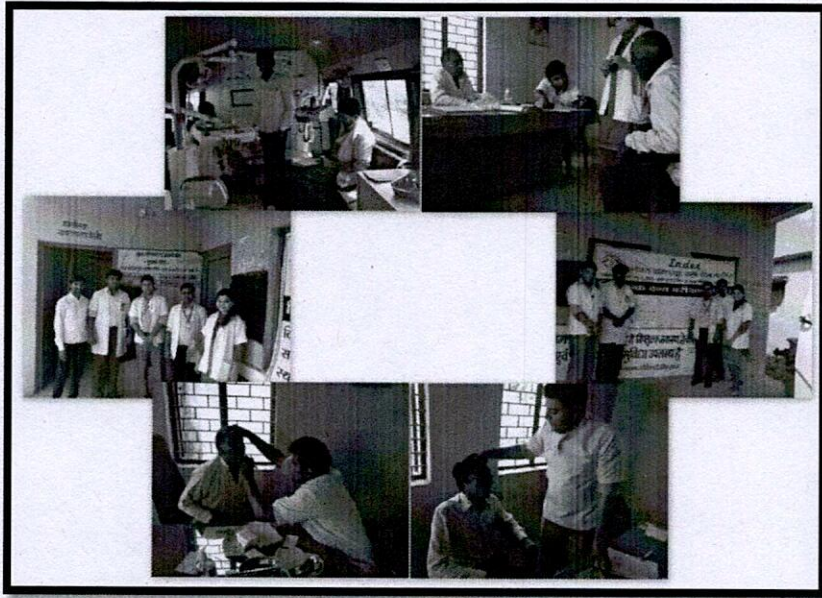
Number of patients screened and treatment provided

Total patients screened	Total patients treated	Total restorations	Total extractions	Total scalings	Referred patients
110	43	08	11	24	22

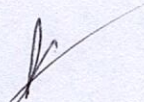


Registrar
Malwanchal University
Indore (M.P.)


*Dr. Ranjan Mani
Tupakoti*



Oral Examination and Dental Treatment


Camp Coordinator





Registrar
Malwanchal University
Indore (M.P.)

Date: 16th April, 2021

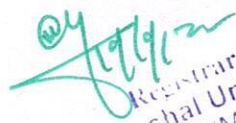
Index Institute of Dental Sciences

Participant List of the Raising Oral Health Status – Dental Camp, Patadi

S. No.	Name of Participant
1.	Garima Poddar
2.	Devanshi Shivhare
3.	Nilakshi Trivedi
4.	Neelam Rathod
5.	Simran Chouhan
6.	Amir Khan
7.	Vipul Piplda
8.	Shivani Rawat
9.	Sakshi Patil

Camp Coordinator: 




Registrar
Malwanchal University
Indore (M P)



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/ 02

Date: 07/01/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **08th January, 2020 (Wednesday)** (Day) scheduled between **10:00 a.m** to **02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Government Primary School, Matmore, Dewas

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
IMCHRC

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

Registrar
Malwanchal University
Indore (M.P.)

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Medical College Hospital & Research Centre
(Constituent unit of Malwanchal University)

Date - 07/01/2020

CAMP ORDER

There will be Health Check-up Camp on 08th January, 2020 (Wednesday) scheduled between 10:00 AM to 02:00 PM

Bus will depart from Index Hospital at 09:00 AM.

Venue: Government Primary School, Matmore, Dewas (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Divyesh Lad	Medicine	9922360703
2	Dr. Sameer Gambhir	Orthopedics	7000487787
3	Dr. Apurva Pandey / Ashita Jain	Surgery	7354405000
4	Dr. Akansha Pandey	Obs. & Gynaecology	8989508317
5	Dr. Shiv Pratap Agrawal	Pediatrics	9179834860
6	Dr. Soniya Sharma	Ophthalmology	9179979590
7	Dr. Suresh Birla	Skin & V.D	7987822022
8	Dr. Janhvi Alekar / Nitin	E.N.T	8602078888
9	Dr. Parvej Shaikh	Nursing Staff	7024192019

Registrar
Malwanchal University
Indore (M.P.)

Dean / Medical Superintendent

Medical Superintendent
IMCHRC

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Date: 10/01/2020

**Report on Adolescent Health celebration camp at Government Primary
School, Matmore, Dewas**

Year of Camp – 2020

Date of Health Camp – 08/01/2020

Name of the Activity – Adolescent Health celebration camp

**Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research
Centre**

Numbers of Students Participated in such Activities – 11

Number of faculties participated in such activities – 01

Total no. of IPD – 40

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. T.B & Chest
10. Community Medicine

Details of the Camp Organized:

Camp was organized at **Government Primary School, Matmore, Dewas**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. A screening health camp was organized with the help of faculty of PSM department, P.G. residents of OBG & PSM and PG's from Pathology and other specialities for diagnosis of anemic patients. Camp was organized for adolescent girls, women of reproductive age, pregnant woman for the purpose of screening of anemia with the help of sahli's Hb meter.

Brief report on completion of Activities:


**Medical Superintendent
IMCHRC**


**Registrar
Malwanchal University
Indore (M.P.)**

Activities to increase awareness about adolescent health & development issues and to dispel various myths and misconceptions regarding various issues particularly related to Nutrition, Mental Health, Sexual & Reproductive Health and Menstruation etc. apart from various important adolescent issues plaguing the State in particular Substance Misuse, teenage pregnancy besides the increasingly relevant issue of Anemia and malnutrition were undertaken by the medicos and faculty of Index Medical College Hospital & Research Centre.


The topics for the programme were: physical, cognitive and emotional changes in an adolescent child, nutritional management, menstrual hygiene and stress management in adolescents. The students emphasized various healthy lifestyle practices to prevent disease and promote optimum health. The topics were dealt by faculty of Department of Community Medicine. Camp was organized for adolescent girls (age: - 14-19) for screenings of anemia, menstrual hygiene and counseling for family planning. Around 100 adolescent girls were educated about the importance of hygiene during menstruation, use sanitary pads & not cloths and reach to nearest PHC centre for any irregularities in menstruation, excessive pain, heavy bleeding, excessive white discharge and foul smelling discharge.

Girls were also examined for signs of anemia like polar in lower palpebral conjunctiva, palms & tongue and asked for fatigueness & weakness. They were advised for intake of iron rich food like consuming green leafy vegetable, jaggery, dates, beets roots etc. Sanitary pads & Iron folic acid tablets were distributed. They were further counseled about the use of contraceptives and risk of acquiring STDs and unwanted pregnancy. Adolescent girls were also advised about family planning and conceiving after 20 years of age and to maintain at least 3 years of gap between two pregnancies and to maintain a small healthy family. They were educated about usage of Oral contraceptive Pills.

Main themes covered during the Adolescent Camps are:-

1. Life Skills and Personal development
2. Child Rights
3. Health, Hygiene and Nutrients
4. Gender equality
5. Parts of the Human Body, Changes due to adolescent stage, Menstrual Hygiene, Reproductive process in Human.
6. Awareness on AIDS
7. Sexual abuse and child trafficking
8. Social awareness
9. Yoga and Pranayama

Health camp was successful and completed with its targeted goals of educating people and giving free consultation and treatment. This health camp ended at 02:00 p.m with great success.


Signature and Seal
Dean/Medical Superintendent
Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M.P.)


Medical Superintendent
IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/03

Date: 07/01/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **09th January, 2020 (Thursday)** (Day) scheduled between **11:00 a.m** to **02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Gram Panchayat, Borekhaliya, Dewas

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
IMCHRC

Registrar
Malwanchal University
Indore (M.P.)

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

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Medical College Hospital & Research Centre
(Constituent unit of Malwanchal University)

Date - 07/01/2020

CAMP ORDER

There will be Health Check-up Camp on 09th January, 2020 (Thursday) scheduled between 11:00 A.M to 02:00 P.M

Bus will depart from Index Hospital at 09:00 A.M.

Venue: Gram Panchayat, Borekhaliya, Dewas (M.P)

All the doctors are instructed to wear Apron during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Vishakha	Medicine	7747967027
2	Dr. Prakhar Jain	Orthopedics	7987962714
3	Dr Prabhat Kumar Sinha	Surgery	9905558159
4	Dr.Raj Choudhary	Obs. & Gynaecology	9109554283
5	Dr Shubham	Pediatrics	7024778344
6	Dr Akshita Agrawal	Ophthalmology	8109408000
7	Dr Ambalika Singh	E.N.T	7898052400
8	Dr.Parwej Sheikh	Nursing Staff	7024192019



Registrar
Malwanchal University
Indore (M.P.)

Dean / Medical Superintendent
IMCHRC

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Date: 10/01/2020

**Report of the General Health Check-up camp at Gram
Panchayat, Borekhaliya, Dewas**

Year of Camp – 2020

Date of Health Camp – 09/01/2020

Name of the Activity – General Health Check –up camp at Gram Panchayat, Borekhaliya, Dewas

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 11

Number of faculties participated in such activities – 01

Total no. of IPD – 30

Total no. of OPD – 250

Specialities covered:-


1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free medical general health check-up camp was organized by the Index Medical College Hospital & Research Centre at the venue **Gram Panchayat, Borekhaliya, Dewas**

All the staff along with required accessories and medications left the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated at scheduled time and screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

- Given prescription for suitable medication and provided some medication for immediate use


Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M P)

- Referred to our hospital for further diagnosis, surgery or treatment
- Referred to nearest hospital for immediate treatment and care

Brief report on completion of Activities:

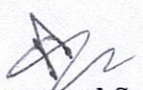
Patients were rendered with services like free physical examination along with free blood sugar and blood pressure tests conducted by doctors. Doctors advised the patients with various medicines and consultancy during the camp. P.G. residents of ophthalmology department diagnosed significant no. of cataract cases which were referred to Index Medical College for further investigation. Many of the patients attending the camp were diagnosed with dermatological problems which were quite common among people due to living in congested and unhygienic atmosphere. Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. People were educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.

During the health camp the most common health related problems or diseases that were diagnosed were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. Free medicines were dispensed. Main complaints among the adult population were related to back pain and knee pain and were treated symptomatically.

There were several medicines dispensed among the patients during the health camps. These medicines were – Cefixime tablets, Paracetamol tablets, Ciprofloxacin hydrochloride tablets, Albendazole tablets, Centriline tablets and Amoxicillin capsules, Calcium with vitamin D3 tablets, Povidone iodine ointment and ORS.

Young adolescent girls were given talks regarding menstruation and menstrual hygiene and young boys were given advice on how to maintain general hygiene and on awareness about substance abuse. The patients were advised to take healthy foods that were rich in Vitamin B, potassium, magnesium and fibre.

For this health camp, total number of OPDs reported is 200 and total no. of IPDs reported is 26. Doctors and residents of different specialties from Index Medical College and Hospital examined the patient with different disease and problems and recommended them the medication as applicable to them during this health camp and the camp ended at 02:00 p.m. with great success.



Signature and Seal
Dean/Medical Superintendent
 Medical Superintendent
 IMCHRC



Registrar
Malwanchal University
 Indore (M.P.)



Medical Superintendent
 IMCHRC



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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/04

Date: 09/01/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **10th January, 2020 (Friday)** (Day) scheduled between **08:00 a.m** to **05:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 07:30 a.m. sharp.

Venue: Manpur, Indore

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
IMCHRC

Registrar
Malwanchal University
Indore (M.P.)

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

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Medical College Hospital & Research Centre
(Constituent unit of Malwanchal University)

Date - 09/01/2020

CAMP ORDER

There will be Health Check-up Camp on 10th January, 2020 (Thursday) scheduled between 08:00 AM to 05:00 PM

Bus will depart from Index Hospital at 07:30 AM.

Venue: Manpur, Indore (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr.Manish Saraf	Medicine	8871123449
2	Dr. Nitin Singhal	Orthopedics	7000165486
3	Dr Renu Yadav	Obs. & Gyn.	9354522665
4	Dr.Vikas	Pediatrics	8839868989
5	Dr Meetu Chauhan	Ophthalmology	9713801335
6	Dr Pooja Handique	E.N.T	
7	Dr Prashv Gupta	Med.	
8	Mr. Ajay Bhargab	Nursing Staff	8602918166



Registrar
Malwanchal University
Indore (M.P.)

Dean / Medical Superintendent
Medical Superintendent
IMCHRC

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 11/01/2020

Report on Eye Check-up Camp

Year of Camp – 2020

Date of Health Camp – 10/01/2020

Name of the Activity – Eye Check-up Camp

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 07

Number of faculties participated in such activities – 01

Total no. of IPD – 40

Total no. of OPD – 400

Specialities covered:-


1. Medicine
2. Orthopedics
3. Obstetrics & Gynaecology
4. Paediatrics
5. Ophthalmology
6. ENT

Details of the Camp Organized:

A free medical health check-up visit was organized by faculty & students of Index Medical College at **Manpur, Indore**. Eye check-up Camp highlighted on the awareness about eye disorders, their early detection and to detect refractive errors and eye ailments. All the staffs & Students along with required accessories and medications left the hospital premise in the morning at 07:30 a.m via Medical College bus and reached the venue. The team arrived at the camp station in the morning. As all the duties were pre-assigned so quickly registration desk was set and certain rooms were identified (Visual Acuity, Refraction, Screening and Pharmacy or Room for Medicine). Registration of the patients was done outside the Refraction room, after which the patients were sent to the Refraction room for Visual Acuity. After taking vision, the patients were referred to another room for doctor's examination and then to Refraction room if required.

Brief report on completion of Activities:

Faculty and students of Department of Ophthalmology has organized a free eye checkup activity under social camps and surveillance. An eye examination was carried out by an optometrist and


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usually took about 20-30 minutes. Sometimes it took longer if extra tests needed, but this was to make sure that whenever there was some eye problem or not. As well as testing the eye sight, the optometrist also checked the health of the eyes and looked for signs of general health problems.

At the start of the eye examination, the optometrist asked why the patient asked for having the eyes examined, whether it is a routine check-up or if they have come for a specific reason. If they are experiencing problems with the eyes or vision, the optometrist would need to know what symptoms they experienced, how long they have had them and whether any changes has happened suddenly or slowly over a period of time. The optometrist would also need to know about the general health including any medication you are taking, whether you suffer from headaches, or have any close relatives with a history of eye problems.

While examining the eyes both outside and inside, it would allow the optometrist to assess the health of the eyes and would help in identifying any other underlying medical problems. The interior of the eye will be examined using an ophthalmoscope, a special torch which shines a light through the pupil allowing a detailed study of the internal structures. The pupil reflexes are also tested. In this test following categories are examined:


- Vision
- Eye movements and co-ordination
- Choosing glasses or contact lenses

After the eye examination, the optometrist has now detailed knowledge of the health of the eyes, the standard of the vision and any special requirements that any patients may have and if he needs further advanced medical treatment for an eye condition you may be referred to the doctors' at Index Medical College hospital & Research Centre.


Overall Findings:


- Patients Examination: Total 400 patients who were registered at registration desk were examined for eye diseases.
- Surgeries: A total of 10 patients were diagnosed for cataracts that were referred to Index hospital for further investigations and where they will be operated by consultant ophthalmologist.
- Medicines: Total 100 patients were prescribed medicines which were provided free.
- Glasses: Glasses were prescribed to the needy patients after being properly refracted by optometrist.

The visit to Manpur for camp was successfully conducted and students & faculty returned at 5:00 p.m.


Signature and Seal
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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/05

Date: 07/01/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **13th January, 2020 (Tuesday)** (Day) scheduled between **11:00 a.m** to **03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:30 a.m. sharp.

Venue: Secondary School, Punjapura, Dewas

Signature of Dean/Medical Superintendent

Seal **Medical-Superintendent**
IMCHRC

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Medical College Hospital & Research Centre
(Constituent unit of Malwanchal University)

Date - 07/01/2020

CAMP ORDER

There will be Health Check-up Camp on 13th January, 2020 (Tuesday) scheduled between 08:00 A.M to 05:00 P.M

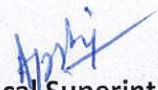
Bus will depart from Index Hospital at 09:30 A.M.

Venue: Secondary School, Punjabura, Dewas (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Sumit Solanki	Medicine	9406432127
2	Dr. Prakhar Jain	Orthopedics	8989118102
3	Dr. Prabhat Kumar	Surgery	7488743244
4	Dr Nidhi Chauhan	Obs. & Gynaecology	7223049800
5	Dr Vijay	Pediatrics	7869150701
6	Dr Meetu Chauhan	Ophthalmology	9713801335
7	Dr Ambalika Singh	E.N.T	7898052400
8	Mr. Tufan Singh	Nursing Staff	


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INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 14/01/2020

Report on Diabetes Check-up Camp at Secondary School, Punjabura, Dewas

Year of Camp – 2020

Date of Health Camp – 13/01/2020

Name of the Activity – Diabetes Check-up Camp at Secondary School, Punjabura, Dewas

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 10

Number of faculties participated in such activities – 01

Total no. of IPD – 25

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free health camp was organized by Index Medical College & Hospital. This camp was organized at **Secondary School, Punjabura, Dewas**. Faculty, Interns & P.G. students of Index Medical College reached the venue and examined the patients arrived for free consultation for their problems. All the staff along with required accessories and medications left the hospital premise in the morning at 09:30 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. Camp was inaugurated at scheduled time of 11:00 a.m and after inauguration screening of the patients started at one place and required examinations were performed to all participated people and depending on the condition, lifestyle and family history.

Brief report on completion of Activities:


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Index Medical College Hospital & Research Centre conducted "Diabetes Check up Camp" on 17th February 2022. All the faculty, Staff and Workers have been part of this program. World Diabetes Day (WDD) was created in 1991 by IDF and the World Health Organization in response to growing concerns about the escalating health threat posed by diabetes. It is marked every year on 14 November, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922. The camp drew attention to issues of paramount importance to the diabetes and health issues related to diabetes firmly to the public who visited the camp.

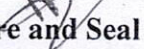
The diabetes camp consisted of many planned activities including medical education lectures, discussions provided by diabetes educators, dieticians, physicians and exercise educators. Blood glucose was tested for each camper. All participants kept individual records about their food choices, physical activity, and blood glucose levels and received counseling if their blood glucose level was off-target. The participants were asked to keep a diabetes diary and write a daily list of goals or promises about diabetes self-management before bed. For patients using insulin, instructions were given how to adjust the insulin dose before each meal. There were physicians who supervised the participants for their actions during medical emergency.


The Diabetes Check-up Camp aimed at:

- Explaining in detail on signs and symptoms of diabetes, risk factors, management and its prevention
- To promote the importance of taking coordinated and concerted actions to confront diabetes as a critical global health issue
- The campaign is represented by a blue circle logo, global symbol for diabetes awareness. It signifies the unity of the global diabetes community in response to the diabetes epidemic.

Most other patients who attended the camp had cough/cold, suffered with gastric troubles and arthralgia. The doctors advised precautions, exercises and prescribed medication for the same. They also suggested the patients to increase intake of edible that contain minerals, vitamins and fibers like fresh fruits, vegetables etc.

Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 03:00 p.m. with great success. Students were highly motivated and encouraged by their teachers from respective departments.


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Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/06

Date: 22/01/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **24th January, 2020 (Tuesday)** (Day) scheduled between **10:00 a.m** to **04:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 08:00 a.m. sharp.

Venue: Govt. Hospital, Badwani

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
IMCHRC

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(Constituent unit of Malwanchal University)

Date - 22/01/2020

CAMP ORDER

There will be Health Check-up Camp on 24th January, 2020 (Friday) scheduled between 08:00 A.M to 05:00 P.M


Bus will depart from Index Hospital at 08:00 A.M.

Venue: Govt. Hospital, Badwani

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr.Arihant jain	Medicine	8989410829
2	Dr.Jaydipsingh Kathota	Surgery	8085940646
3	Dr.Prakhar Jain	Orthopeics	8989118102
4	Dr Soniya Sharma	Ophthalmology	9179979590
5	Dr Janhvi Alekar	E.N.T	8602078888
6	Dr Saket Saurabh Gupta	Pediatrics	9630182185
7	Dr Shaniza Javed	Obs. & Gyn.	7869924025
8	Dr Suresh Birla	Skin VD	7987822022
	Mr. Tufan Singh	Nursing Staff	6265574084


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INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 25/01/2020

**Report on Health Check-up and No Tobacco Campaign at Govt. Hospital,
Badwani**

Year of Camp – 2020

Date of Health Camp – 24/01/2020

Name of the Activity – Health check-up and No Tobacco Campaign at Govt. Hospital, Badwani

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 09

Number of faculties participated in such activities – 02

Total no. of IPD – 80

Total no. of OPD – 800

Specialities covered:-


1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

A free health camp was organized by Index Medical College, Hospital & Research centre. This camp was organized at at **Govt. Hospital, Badwani.**

Brief report on completion of Activities:

Faculty, Interns & P.G. students of Index Medical College reached the venue and examined the patients arrived for free consultation for their problems. The vital subject of the event was to focus on “SAY NO TO TOBACCO” which witnessed participation of around 800 people. The program started with an awareness talk by the post-graduate students of Psychiatry and Public Health dentistry department with an objective to highlight the health risks associated with tobacco use and to quit tobacco consumption. During the camp, information leaflets regarding the ill effects of tobacco use


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were distributed among the public. The leaflets depicted the various types of tobacco used, ill effects of tobacco; steps to reduce tobacco consumption and how to get prepare to quit the tobacco.

A talk by students also made the people aware that tobacco consumption is not cool and public has to realize the same. They also tried to focus on men who are forced to smoke, by peers. Through the speech, student highlighted some gruesome facts such as tobacco kills more than 7 million people every year in the world.

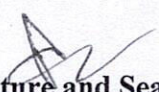
Doctors made the people aware using any kind of tobacco product is unsafe, especially for kids, teens, and young adults. But worldwide, at least 14 million young people age 13 to 15 currently use tobacco products which includes Tobacco products—like cigarettes, smokeless tobacco and most e-cigarettes—contain nicotine, which is an addictive drug. Being exposed to nicotine can also harm brain development, which continues through the teen years and up to age 25. Exposure to nicotine during these important years can harm the parts of the brain that control attention, learning, mood and impulse control.

Preventive measures taken to stop children, teenagers, and young adults from trying and using tobacco products:-


- Talk to kids about the harms of tobacco products, including e-cigarettes
- Know what children watch and talk about tobacco use onscreen
- Tell kids that you expect them not to use tobacco products, or to stop using them
- Refuse to give tobacco products to kids, teens, or young adults
- Work to limit tobacco product advertising
- Use strategies to prevent and reduce tobacco use, like tobacco price increases, hard-hitting media campaigns, adopting comprehensive smoke-free laws, licensing tobacco sellers, and limiting where tobacco products can be sold
- Provide barrier-free access to treatments proven to help people quitting the tobacco


A free dental checkup was also organized and the patients were screened for dental problems by dental students who were present in the camp. Investigations like blood pressure and random blood sugar were also performed. Free of cost medicines and toothpastes were distributed to the patients. Oral health Education as well as proper tooth brushing technique was demonstrated for maintaining good oral hygiene. Patients requiring further treatment were referred to Index Dental College, accordingly.

Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 4:00 p.m. with great success.


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Medical College Hospital & Research Centre

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(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/07

Date: 28/01/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on 29th January, 2020 (Wednesday) (Day) scheduled between 11:00 a.m to 02:00 p.m (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: 122/44 North Toda, Durga Chouk, Indore

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
IMCHRC

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(Constituent unit of Malwanchal University)

Date - 28/01/2020

CAMP ORDER


There will be Health Check-up Camp on 29th January, 2020 (Friday) scheduled between 11:00 A.M to 02:00 P.M

Bus will depart from Index Hospital at 09:00 A.M.

Venue: 122/44 North Toda, Durga Chouk Indore (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Divesh Lad	Medicine	9922360703
2	Dr. Neha	Surgery	8989021954
3	Dr. Jaswant Singh	Orthopeics	8602403813
4	Dr. Rudri Agrawal	Obstetrics & Gynaecology	9755045214
5	Dr. Rakesh Soni	Pediatrics	9907005366
6	Dr. Meetu Chouhan	Ophthamology	9713801335
7	Dr. Ajay Devidi	E.N.T	9779770668
8	Dr. Manish Batham	Skin VD	9009813681
9	Mr. Parwej Shekh	Nursing Staff	7024192019


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**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Date: 30/01/2020

**REPORT ON CANCER AWARENESS PROGRAMME FOR WOMEN AT 122/44 NORTH
TODA, DURGA CHOUK, INDORE**

Year of Camp – 2020

Date of Health Camp – 29/01/2020

Name of the Activity – Cancer Awareness Programme for Women

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 08

Number of faculties participated in such activities – 01

Total no. of IPD – 26

Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D

Details of the Camp Organized:

Health camp was organized by Index Medical College at the venue **122/44 North Toda, Durga Chouk, Indore (M.P.)**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Index Medical College organized the Cancer Awareness Programme to educate the girl students and women residents of the locality where health camp took place.

Brief report on completion of Activities:


The programme began with a welcome speech by Dr. Pooja Deodhar (HOD & Professor; Department of Gynaecology). She emphasized in her speech the importance of knowing about breast cancer, its prevention and utilization of awareness programs by women in the community and appreciated the

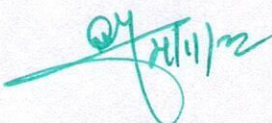
effort of students for organizing an awareness program. A role play on warning signs, symptoms and diagnosis was performed by students of Gynaecology dept. and they further explained the causes, stages, clinical features, early diagnosis and the management which was followed by a demonstration of self-breast examination using breast model. Dr. Pooja Deodhar, further explained on the importance of screening tests for the early detection of breast cancer. The elaborate presentation covered aspects like: Probable Symptoms that cause breast cancer, ways to identify it in early stages to be cured off like Dimpling, Puckering, Stretching pain in the back, retracted nipple etc. She further insisted that any woman can get breast cancer irrespective of their family history. The speaker said that breast cancer can be cured if treatment is provided at the right time. She also threw light upon the symptoms of breast cancer and the preventive measures to be taken in order to reduce the risk of this disease.

The factors causing cancer are genetic, physiological, dietary, environmental and life style. They suggested precautionary measures like avoiding cholesterol rich fat diet, alcohol intake, reducing obesity based on the BMI standard, curtailing use of tobacco, being aware on aspects like endocrine disruption due to oral contraceptive use, physical inactivity, proper clothing, benefits of breast feeding etc.

Later on, they briefed the participants on methods of early detection and curative measures. Showing demonstrative clippings they explained about Self Breast Examination (SBE), clinical Tests, mammography and ultra sound scanning. They advised the girl-students to be conservative, follow healthy food containing fibrous rich foods with Vitamin A, E and C, Beta carotenes and selenium supplements. They wrapped up their presentations with a discussion of the painful treatment process like surgery which is often followed by radiation to melt the malignant lumps. Psychological rehabilitation of affected patients through chemotherapy and re-breast construction with silicon support was discussed with video clippings. All the participants congratulated the faculty and students for their initiative to create awareness among women regarding this deadly disease.

Everyone appreciated the program and opined that these kinds of programs are very useful and should be conducted frequently. The programme ended with a vote of thanks by Faculty and students of Index Medical College Hospital & Research Centre to the participants present in the camp. General public about 300 people participated in the program. The local people and women who attended the camp expressed that the program was very useful & informative to the community. The camp proved to be awareness imparting and thought-provoking for everyone. Such type of program should be conducted more in the future. The event proved out to be a huge success.


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Indore (M.P.)


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Medical College Hospital & Research Centre

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(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/08

Date: 20/02/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **22nd February, 2020 (Saturday)** (Day) scheduled between **11:00 a.m** to **02:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Juna Rishala near Badi Masjid, Indore

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
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(Constituent unit of Malwanchal University)

Date - 20/02/2020

CAMP ORDER

There will be Health Check-up Camp on 22nd February, 2020 (Saturday) scheduled between 11:00 A.M to 02:00 P.M

Bus will depart from Index Hospital at 09:00 A.M.

Venue: Juna Rishala near Badi Masjid, Indore (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Mohd. Imran Khan	Medicine	9887809818
2	Dr Shaz Qureshi	Surgery	7415819221
3	Dr Nilesh Patidar	Orthopeics	8989670991
4	Dr Rudri Agrawal	Obstetrics & Gynaecology	9755045214
5	Dr Saket Saurabh Gupta	Paediatrics	9630182185
6	Dr Akshita Agrawal	Ophthalmology	8109408000
7	Dr Ambalika Singh	E.N.T	7989052400
8	Dr Supriya Shakya	Skin VD	9685159256
9	Mr.Rishabh Ginare	Nursing Staff	7225842818



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Medical Superintendent
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INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 24/02/2020

**Report on Breastfeeding – Public Awareness Program at Juna Rishala near
Badi Masjid, Indore (M.P.)**

Year of Camp – 2022

Date of Health Camp – 22/02/2020

Name of the Activity – Breastfeeding – Public Awareness Program at Juna Rishala near Badi Masjid, Indore (M.P.)

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 08

Number of faculties participated in such activities – 01

Total no. of IPD – 28


Total no. of OPD – 300

Specialities covered:-

1. Medicine
2. Orthopedics
3. Obstetrics & Gynaecology
4. Paediatrics
5. Ophthalmology
6. ENT
7. Community Medicine
8. Nursing Staff

Details of the Camp Organized: Camp was organized at **Juna Rishala near Badi Masjid, Indore (M.P.)**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Breastfeeding Awareness Camp highlighted on the science behind breastfeeding and climate change. Therefore, breastfeeding should be promoted and formula milk should be discouraged. Doctors were able to sensitize postnatal mothers on breastfeeding and its importance in the hospital and community. They also provided lactation counseling to postnatal mothers during this week.

Brief report on completion of Activities:


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Medical Superintendent
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The Department of Obstetrics and Gynaecology (OBG) and Community Medicine, Index Medical College Hospital and Research Centre observed 'Breastfeeding Week' from 22nd to 27th March 2020 on the theme "Breastfeeding – Public Awareness Program".

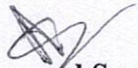
Adequate nutrition in infancy and early childhood has been established to be an essential requirement for optimal growth and development and also promote the health and behavior of the child. Breastfeeding has been unparalleled as an ideal food for optimal growth and development of infants and held as an integral part of reproductive process with enormous health benefits to the mother and infant. The activity started with sensitization of mothers on the theme of the breastfeeding week and importance of breastfeeding to the child, mother, community and environment.

- Benefits of breastfeeding to the mothers, father, child, community and environment
- Myths and facts about breastfeeding
- Steps on efficient breastfeeding

The event strives to attach invaluable significance to the power of breastfeeding in enhancing child health and development and lowering infant mortality through the provision of good nutrition and protection from cancers of the breast and ovaries. The World Health Assembly has targeted achieving 50% exclusive breastfeeding in the first six months of the child by 2025. The Ministry of Health and Family Welfare, Government of India, has also initiated and launched a national breastfeeding promotion program, MAA (Mothers' Absolute Affection) under "Strategic approach to Reproductive Maternal, Newborn, Child, and Adolescent Health" to improve infant and young child feeding. Breastfeeding will be a successful endeavour when it is seen as a part of the family culture rather than the sole responsibility of the mother or woman.


A health awareness talk was given on the topic, "The importance and do's and don'ts of breastfeeding." Doctors from Department of Gynaecology spoke about the advantage of breastfeeding, the composition of breast milk, and various positions and attachments while feeding. They also conducted demonstrations regarding positioning the baby, techniques of breastfeeding and expression of breast milk. Participants were motivated to participate in supporting and counselling members of their community to minimize the problems by initiating baby-friendly breastfeeding techniques. Doctors in the camp stressed on breastfeeding even while travelling and in public areas and to avoid pre-lacteal or formula feeding.

The program concluded with participant's expression that the sessions were informative, helpful and well organized. This health camp ended at 02:00 p.m with great success.


Signature and Seal
Dean/Medical Superintendent

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Medical College Hospital & Research Centre

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(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/09

Date: 26/02/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on 27th February, 2020 (Thursday) (Day) scheduled between 11:00 a.m to 02:00 p.m (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Utthan Bhavan Khedapati Hanuman Mandir, Bairang Nagar, Sirpur Dhar Road, Indore

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
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Medical College Hospital & Research Centre
(Constituent unit of Malwanchal University)

Date - 26/02/2020

CAMP ORDER

There will be Health Check-up Camp on 27th February, 2020 (Thursday) scheduled between 11:00 A.M to 02:00 P.M.

Bus will depart from Index Hospital at 09:00 A.M.

Venue: Utthan Bhavan Khedapati Hanuman Mandir, Bajrang Nagar, Sirpur Dhar Road, Indore (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Kiran Meena	Medicine	9826358639
2	Dr. Shaz Qureshi	Surgery	7415819221
3	Dr. Sameer Gambhir	Orthopedics	7000487787
4	Dr. Shivika Yadav	Obstetrics & Gynaecology	7000336396
5	Dr. Rakesh Soni	Paediatrics	9907005366
6	Dr. Akshita Agrawal	Ophthalmology	8109408000
7	Dr. Ambalika Singh	E.N.T	7898052400
8	Dr. Suresh Birla	Skin VD	9537895494

Registrar
Malwanchal University
Indore (M.P.)

Anshu
Dean / Medical Superintendent

Medical Superintendent
IMCHRC

INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)

Date: 28/02/2020

**Report on Adolescent Health celebration camp at Utthan Bhavan Khedapati
Hanuman Mandir, Bairang Nagar, Sirpur Dhar Road, Indore (M.P.)**

Year of Camp – 2020

Date of Health Camp – 27/02/2020

Name of the Activity – Adolescent Health celebration camp

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 08

Number of faculties participated in such activities – 01

Total no. of IPD – 28

Total no. of OPD – 300


Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. T.B & Chest
10. Community Medicine

Details of the Camp Organized:

Health camp was organized by Index Medical College at the venue **Utthan Bhavan Khedapati Hanuman Mandir, Bairang Nagar, Sirpur Dhar Road, Indore (M.P.)**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. A screening health camp was organized with the help of faculty of PSM department, P.G. residents of OBG & PSM and PG's from Pathology, Lab technician & pharmacist for diagnosis of anemic patients. It was organized for adolescent girls, women of reproductive age, pregnant woman for the purpose of screening of anemia with the help of sahli's Hb meter.

Brief report on completion of Activities:


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Malwanchal University
Indore (M P)

Activities to increase awareness about adolescent health & development issues and to dispel various myths and misconceptions regarding various issues particularly related to Nutrition, Mental Health, Sexual & Reproductive Health and Menstruation etc. apart from various important adolescent issues plaguing the State in particular Substance Misuse, teenage pregnancy besides the increasingly relevant issue of Anemia and malnutrition were undertaken by the medicos and faculty of Index Medical College Hospital & Research Centre.

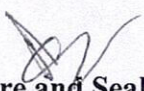
Main themes covered during the Adolescent Camps were:-

1. Life Skills and Personal development
2. Child Rights
3. Health, Hygiene and Nutrients
4. Gender equality
5. Parts of the Human Body, Changes due to adolescent stage, Menstrual Hygiene, Reproductive process in Human.
6. Awareness on AIDS
7. Sexual abuse and child trafficking
8. Social awareness
9. Yoga and Pranayama

The topics for the programme were: physical, cognitive and emotional changes in an adolescent child, nutritional management, menstrual hygiene and stress management in adolescents. The students emphasized various healthy lifestyle practices to prevent disease and promote optimum health. The topics were dealt by faculty of Department of Community Medicine. Camp was organized for adolescent girls (age: 14-19) for screenings of anemia, menstrual hygiene and counseling for family planning. Around 200 adolescent girls were educated about the importance of hygiene during menstruation, use sanitary pads & not cloths and reach to nearest PHC centre for any irregularities in menstruation, excessive pain, heavy bleeding, excessive white discharge and foul smelling discharge.

Girls were also examined for signs of anemia like polar in lower palpebral conjunctiva, palms & tongue and asked for fatigueness & weakness. They were advised for intake of iron rich food like consuming green leafy vegetable, jaggery, dates, beets roots etc. Sanitary pads & Iron folic acid tablets were distributed. They were further counseled about the use of contraceptives and risk of acquiring STDs and unwanted pregnancy. Adolescent girls were also advised about family planning and conceiving after 20 years of age and to maintain at least 3 years of gap between two pregnancies and to maintain a small healthy family. They were educated about usage of Oral contraceptive Pills.

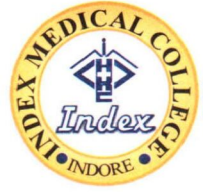
Health camp was successful and completed with its targeted goals of educating people and giving free consultation and treatment. This health camp ended at 02:00 p.m with great success.


Signature and Seal
Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M P)


Medical Superintendent
IMCHRC



Index

Medical College Hospital & Research Centre

(Unit of Mayank Welfare Society)
(Constituent Unit of Malwanchal University)



Ref no. IMCHRC/MR/2020/10

Date: 05/03/2020

CIRCULAR

This is to inform that there is a promotion Health Check-up camp on **07th March, 2020 (Saturday)** (Day) scheduled between **10:30 a.m** to **03:00 p.m** (time). The attached attendance sheet gives the list of faculty, students, Interns and P.G attending the camp. Bus will depart for the venue at 09:00 a.m. sharp.

Venue: Near Alif Medical, 21 Firdos Nagar, Azad Nagar, Musakhedi, Indore

Signature of Dean/Medical Superintendent

Seal **Medical Superintendent**
IMCHRC

Registrar
Malwanchal University
Indore (M.P.)

Copy to:

- Chairman
- Vice-Chairman
- Dean, IMCHRC
- Registrar
- Head, Marketing Department
- File

Index

Medical College Hospital & Research Centre
(Constituent unit of Malwanchal University)

Date - 05/03/2020

CAMP ORDER

There will be Health Check-up Camp on 07th March, 2020 (Saturday) scheduled between 10:30 A.M to 03:00 P.M.


Bus will depart from Index Hospital at 09:00 A.M.

Venue: Near Alif Medical, 21 Firdos Nagar, Azad nagar, Musakhedi, Indore (M.P)

All the doctors are instructed to wear **Apron** during camp hours. A separate register is to be maintained for Indoor patients along with diagnosis & contact number of patients.

S. No.	Name of Doctors	Department	Mo. Number
1	Dr. Mohd. Imran Khan	Medicine	9887809818
2	Dr. Sumit Solanki	Medicine	9406432127
3	Dr. Nilesh Patidar	Orthopedics	8989670911
4	Dr. Upasana Yadav	Obstetrics & Gynaecology	8989508317
5	Dr. Pooja	Pediatrics	9140101702
6	Dr. Akshita Agrawal	Ophthalmology	8109408000
7	Dr. Ambalika Singh	E.N.T	7898052400
8	Dr. Siddhi Patel	Skin & VD	9537895494
9	Dr. Rajesh Jamre	Nursing Staff	9926493740


Registrar
Malwanchal University
Indore (M.P.)


Dean / Medical Superintendent

Medical Superintendent
IMCHRC

**INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE
(Constituent Unit of Malwanchal University)**

Date: 09/03/2020

**Report on Health Education Activity at Alif Medical, 21 Firdos Nagar,
Musakhedi, Indore (M.P.)**

Year of Camp – 2020

Date of Health Camp – 07/03/2020

Name of the Activity – Health Education Activity at Alif Medical, 21 Firdos Nagar, Musakhedi, Indore (M.P)

Organizing unit/Agency/Collaborating Agency – Index Medical College Hospital & Research Centre

Numbers of Students Participated in such Activities – 10

Number of faculties participated in such activities – 02

Total no. of IPD – 30

Total no. of OPD – 400


Specialities covered:-

1. Medicine
2. Orthopedics
3. Surgery
4. Obstetrics & Gynaecology
5. Paediatrics
6. Ophthalmology
7. ENT
8. Skin & V.D
9. T.B & Chest

Details of the Camp Organized:

Health camp was organized by Index Medical College at **Alif Medical, 21 Firdos Nagar, Musakhedi, Indore (M.P)**. All the staff along with required accessories and medications departed from the hospital premise in the morning at 09:00 a.m via Medical College bus and reached the venue. Initial arrangements were made for screening, diagnosis and people waiting area. A screening health camp was organized with the help of faculty of PSM department, P.G. residents of OBG & PSM and PG's from Pathology, Lab technician & pharmacist for diagnosis of anemic patients. It was organized for adolescent girls, women of reproductive age, pregnant woman for the purpose of screening of anemia with the help of sahli's Hb meter.


Medical Superintendent
IMCHRC


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Malwanchal University
Indore (M P)


Brief report on completion of Activities:

The prime objective of this camp was to make awareness among people regarding their health and common diseases. The local people were provided with valuable information regarding uses, misuse, the optimum doses to be taken and the overall effects of antibiotics. Free physical examination along with free blood sugar, blood pressure tests were conducted by doctors. History collection including Oxygen saturation, Temperature, Pulse, Blood Pressure was taken by students of the people who arrived in the camp. They advised the patients with various medicines and consultation during the camp. They also suggested the patients to increase intake of edibles that contains minerals, vitamins and fibers like fresh fruits & vegetables. After screening, team found most of the vulnerable group is reproductive age woman of 15-45 year and pregnant woman the value was as low as 11gm/dl of Hb then the normal level after screening team advice the people for intake of Iron rich food such as jaggery, fruits, apple, date's carrot beet root & leafy vegetables pregnant woman were provided with Fe folic acid tablets.

Patients diagnosed with cataract were referred to Index Medical College for further investigation and treatment. Most of them suffered with myopic eye defect and the ones crossing the age of 65 were diagnosed with cataract problems. Patients were advised to go for cataract operation as soon as possible as these facilities are available at Index Medical college Hospital & Research Centre as well and can get discount for surgery if they register in the camp. People were also educated regarding maintenance of hygiene, cleanliness and nutrition. Various other health issues that were diagnosed at the camp were referred to the Index Medical College for detailed examination and treatment.


During the health camp the most common health problems disease were dizziness, giddiness, abscess, rashes, itching, fever, back pain, joint pain, headache, abdominal pain, body ache, worm infestation, anemia, loose motion, weakness, unusual sweating, discharge from ear and hypertension. P.G students demonstrated the people on hand washing technique, health talk and importance of vaccination for children and adults.

For this health camp, total number of OPDs reported is 400 and total no. of IPDs reported is 30. Camp was successfully organized and co-ordinated by faculty of Index medical college. Doctors and residents of different specialties from Index Medical College Hospital & Research Centre examined the patient with different disease & problems and recommended them the medication as applicable to them and the health camp ended at 03:00 p.m. with great success. Students were highly motivated and encouraged by their teachers from Dept. of Community Medicine and other specialities.


Signature and Seal

Dean/Medical Superintendent

Medical Superintendent
IMCHRC


Registrar
Malwanchal University
Indore (M P)


Medical Superintendent
IMCHRC



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No. INC/PO/2021/1525

Date: 27/03/2021

Circular

There will be vaccination Camp on 31/03/2021 (Wednesday) onwards, scheduled between 9.00 AM-5.00 PM. Bus will depart from Index Hospital at 8.00 AM.

All the students are instructed to report Nodal at vaccination centre and to wear Apron, follow all covid-19 guidelines.

Principal
Index Nursing College
Indore
PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

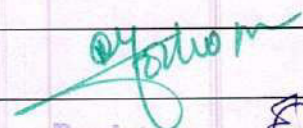
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- Registrar
- All concern Authority
- File

Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE, M.P.
VACCINATION PROGRAM 2021
ATTENDANCE LIST

S.NO	NAME OF THE STUDENTS
1.	Aakash
2.	Aarti
3.	Anjali Mina
4.	Anusuiya Prajapat
5.	Ashish Ishwardan
6.	Ashish Tiwari
7.	Bariya Sachinkumar Samantsinh
8.	Bhairvi Sharma
9.	Chanchal Jat
10.	Chhaya Gurjar
11.	Gaorav Sharma
12.	Gokul
13.	Gourav Rai
14.	Hariom Sharma
15.	Hemant
16.	Jitendra Lodwal
17.	Karishma Meena
18.	Kirti Pawar
19.	KM Divyabharti
20.	Krishnakumar Chourasiya
21.	Mahima Nagar
22.	Manjula


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Indore (M.P.)
INDEX NURSING COLLEGE
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23.	Manmohan Pachori
24.	Nargeshwar Kukeshra
25.	Nargish Kureshi
26.	Neha Chauhan
27.	Neha Sangle
28.	Pooja
29.	Pooja Chandani
30.	Prakash Chouhan
31.	Priyanshi Jaiswal
32.	Radha Damar
33.	Radha Nagar
34.	Reena Bharti
35.	Rekha Chamka
36.	Resham
37.	Resham Rawat
38.	Ritu Khairaj
39.	Rohit Budaniya
40.	Rohit Choudhary
41.	Roshani
42.	Roshani
43.	Sajid Khan
44.	Sanju Kakodiya
45.	Sapna Katara
46.	Shaifali Patidar
47.	Shivani Jaiswal
48.	Shivani Sengar

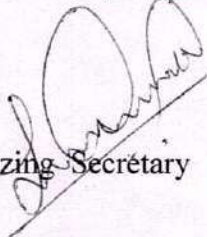
Registrar

Melwanchal University INDEX NURSING COLLEGE
Indore (M.P.)

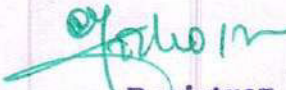
Principal

(M.P.)

49.	Shivani Shinde
50.	Vaishali Verma
51.	Versha Karode
52.	Vinay Prajapat
53.	Ankit
54.	Kirti Mavi
55.	Kriran Jarman
56.	Pradhumn Verma
57.	Rashmi
58.	Sohan
59.	Sunil
60.	Vijay


Organizing Secretary


Principal
IDEY NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)


Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON VACCINATION MAHABHIYAN

In the view of Covid-19 pandemic the Management of government of India organised "The Vaccination Mahaabhiyaan," was started 31 March 2021, in order to keep India protected from coronavirus. Under the campaign, the first dose of the vaccine will be given to people above the age of 18 years who have been left out of vaccination.

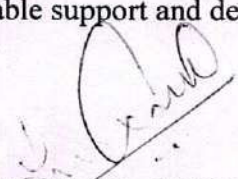
Index Nursing College has participated in this Mahaabhiyan with enthusiasm and dedication. The students of B. Sc. Nursing final year participated actively. The students were distributed among all over urban and rural areas of Indore with the order of Collectorate office, Indore (M.P.). There was arrangement for the registration of beneficiaries at reception counter, then proceed for the vaccination in a separate room and after the vaccination there was arrangement for sitting in observation room. During the programme there was arrangement for hand sanitizer and hand washing and programme was conducted with following the Covid safety guidelines. In vaccination mahaabhiyan nursing student was administrate door-to-door COVID-19 vaccine in nearby urban and rural area. Like Index Nursing student, there are over 90,000 health workers who are instrumental in administering over 7.21 corer COVID vaccines (till November 12) making Madhya Pradesh the state with the fifth highest vaccination in the country. On the day-to-day struggle of Nursing student workers in administering COVID vaccines, Nursing Student have been working over 12 hours a-day from 9 am to till late night with support from the district administration either in terms of



Registrar
Malwanchal University
Indore (M.P.)

transportation or safety. Nursing Student was targeted to administer average 400-500 vaccines a day. National Health Mission said: "Just because of their hard work, we succeeded in administering over 7.11 crore vaccines in just couple of months.

The students were sent to the various vaccination centres at 9.00 am sharp till 5.00 pm. The students were provided with incentive for their remarkable work and support to health care system in these pandemic situations and breakfast was provided to student in city office of Indore. Lunch should provide on a vaccination centre where the student was allotted in last ending of vaccination the student was safely dropped to their home by the nager nigam.

In vaccination mahaabhiyan nursing student safety was under the control room. After vaccination mahaabhiyan gratitude is given by the concern authority to nursing students for their valueable support and dedication.


PROGRAMME CO- ORDINATOR
Mr. Manu K.
Asso. Prof. Index Nursing College


PRINCIPAL
Dr (Prof.) S. G. Solomon
Index Nursing College


Registrar
Maulana Abul Kalam Azad
Anchal University
Indore (M.P.)





Index Nursing College



Certificate

Of completion

Aakash

This is awarded to you for successfully completing the Vaccination Mahaabhiyaan Program
31 March 2021.

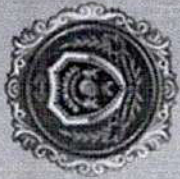
Chairman
Index group of Institution

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

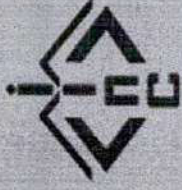
Principal
Index Nursing College

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Mahwanchal University
Indore (M.P.)



Index Nursing College



Certificate

Of completion

Aarti

This is awarded to you for successfully completing the Vaccination Mahaabhiyaan Program
31 March 2021.

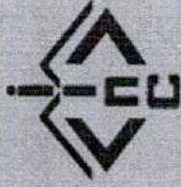
Chairman
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Malwanchal University
Indore (M.P.)



Index Nursing College



Certificate

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Anjali Mina

This is awarded to you for successfully completing the Vaccination Mahaabhiyaan Program
31 March 2021.

Chairman

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INDORE (M.P.)

Principal

Index Nursing College

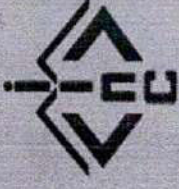
Registrar

Motwanchal University

Indore (M.P.)



Index Nursing College



Certificate

Of completion

Anusuiya Prajapat

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Index group of Institution

Principal

Index Nursing College

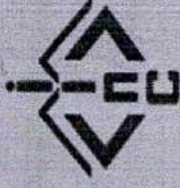
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Malwanchal University

Indore (M.P.)



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Certificate

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Ashish Ishwardan

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31 March 2021.

Chairman

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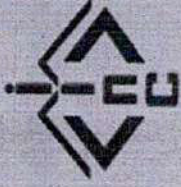
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Certificate

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Ashish Tiwari

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31 March 2021.

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Index group of Institution

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Principal

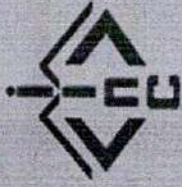
Index Nursing College

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Madhanchal University
Indore (M.P.)

Madhanchal University
Indore (M.P.)



Index Nursing College



Certificate

Of completion

Bariya Sachinkumar Samantsinh

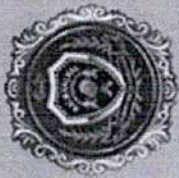
This is awarded to you for successfully completing the Vaccination Mahaabhiyaan Program
31 March 2021.

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Certificate

Of completion

Bhairvi Sharma

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31 March 2021.

Chairman

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Index Nursing College



Certificate

Of completion

Chanchal Jat

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31 March 2021.

Chairman

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Principal

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